

## How can I join this Program?

Here's what you should do...

- 1 Call toll-free **1-877-852-2585** to find a clinic near you, or ask your clinic if it is part of the **Breast and Cervical Cancer Early Detection Program**.
- 2 Set an appointment with the clinic.
- 3 Get your well-woman exam once a year.

## How long can I stay in this Program?

As long as you continue to meet the BCC Program eligibility guidelines, you can get a well-woman exam at **no cost** every year!

## What if I need treatment?

If you are diagnosed with breast or cervical cancer while enrolled in the BCC Program, you may be eligible for Breast and Cervical Cancer Medicaid or other resources for support.



# Find Out TODAY If You're Eligible for a Well-Woman Exam!

## Call 1-877-852-2585

This is a bilingual information line.

[WWW.CANCERNM.ORG](http://WWW.CANCERNM.ORG)

The New Mexico Breast and Cervical Cancer Early Detection (BCC) Program is a cooperative effort of the US Centers for Disease Control and Prevention, State of New Mexico, and healthcare partners to encourage screening for breast and cervical cancer.



Breast & Cervical Cancer  
Early Detection Program

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NEW MEXICO  
DEPARTMENT OF  
HEALTH

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## A Well-Woman Exam Could Save Your Life



# Get Your Annual Well-Woman Exam

No cost to women who are eligible!

## What does this Program offer?

**Well-woman exams** at **no cost** every year for women who are eligible for the Program.

## What is a well-woman exam?

A well-woman exam is a yearly checkup that includes screening for breast and cervical cancer. When breast cancer is found early, the chance of surviving for at least five years is 98%. When cervical cancer is found early, the chance of surviving for at least five years is 92%.

That is why it is so important to get your well-woman exam **EVERY YEAR!**



## Who can get a well-woman exam?

**Women who...**

Are age 30 or older

Have little or no health insurance

Have a low income

Call **1-877-852-2585** for more information.

## What is included in a well-woman exam?

**A well-woman exam includes...**

- **Clinical Breast Exam (CBE)**
- **Pelvic Exam**
- **Pap Test**
- **Mammogram** (every two years for women 40-49, yearly for women 50 and older, or when medically indicated)
- **Some Additional Breast and Cervical Tests, if needed**

Call our bilingual toll-free number:

**1-877-852-2585**

## Is cancer common in New Mexico?

**In New Mexico, each year, it is estimated that...**

**1,100** women will be diagnosed with breast cancer

**220** women will die of breast cancer

**70** women will be diagnosed with cervical cancer

**Fewer than 30** women will die of cervical cancer

**Remember...Your Best Protection is Early Detection!**

